

An outline for worship at home

Though we may pray alone we are part of God's worldwide family.

The term 'Spiritual Communion' has been used historically to describe the means of grace by which a person, prevented from sharing in a celebration of the Eucharist, nonetheless shares in the communion of Jesus Christ. The form of prayer below offers Christians an opportunity to give thanks for their communion with him.

Take time to be still. Light a candle, gaze at an icon, listen to the birds or music – whatever helps you. Remember that God loves you.

Praise God in your own words, or in a hymn, or use *Psalm 100*:-

1. O be joyful in the Lord all the earth, serve the Lord with gladness and come before his presence with a song.
2. Know that the Lord is God: it is he that has made us and we are his: we are his people and the sheep of his pasture.
3. Enter his gates with thanksgiving and his courts with praise, give thanks to him and bless his name
4. For the Lord is gracious, his steadfast love is everlasting, and his faithfulness endures from generation to generation

Glory to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now and shall be for ever. Amen

Prayer May the light of your presence, O Lord, set our hearts on fire with love for you, now and for ever, Amen

Confession call to mind your shortcomings, and trust in God's forgiveness.

The Collect for the day from the weekly noticesheet

Prayer Open my eyes O Lord, that I may behold the wonders of your law.

Bible Readings from the weekly noticesheet.

Canticle (or other words of your choice, giving prayer and praise)

Jesus, Saviour of the world, come to us in your mercy, we look to you to save and help us. *By your cross and your life laid down you set your people free: we look to you to save and help us.* When they were ready to perish you saved your disciples, we look to you to come to our help. *In the greatness of your mercy, loose us from our chains: forgive the sins of all your people.* Make yourself known as our Saviour and mighty deliverer; save and help us that we may praise you. *Come now and dwell with us, Lord Christ Jesus, hear our prayer and be with us always.* And when you come in your glory, make us to be one with you and to share the life of your kingdom.

Intercessions: please pray in your own words for the Church, the world, our community (please use our Benefice prayer diary), the ill and bereaved, your own family and personal needs.

End with:- Our Father, who art in heaven, hallowed by thy name.

Thy kingdom come, thy will be done, on earth as it is in heaven.

Give us today our daily bread.

Forgive us our trespasses as we forgive those who trespass against us

Lead us not into temptation but deliver us from evil, For thine is the kingdom, the power and the glory, for ever and ever, Amen

Thanks be to you, my Lord Jesus Christ, for all the benefits you have given me, for all the pains and insults you have borne for me. Since I cannot receive you now sacramentally, I ask you to come spiritually into my heart. O most merciful redeemer, friend and brother, may I see you more clearly, love you more dearly, follow you more nearly, day by day, Amen.

Conclusion The Lord bless us, and preserve us from all evil, and keep us in eternal life. Let us bless the Lord. Thanks be to God.